



No. : CBRNCL /

DATE:

Best practices 2020-21

Best Practice-1

1. **Title** : Sports and Health
2. **The Context**: The College believes that sports are an integral part of holistic education. Sports education develops the overall personalities of students.
3. **Objective of the practice**:
 - a) Talent search at micro level and providing appropriate training.
 - b) Promotion of physical activity for a healthy life.
 - c) To enable students to be alert and responsive to sustain pressure and stress at professional level.
4. **The Practice**:
 - a) During admission process the physical education director identifies the able students for further training.
 - b) Ascertaining the attitude for pursuing sports career at admission level.
 - c) Existence of continuous monitoring enhances the ability of performances and contributes towards excellence in competitions.
5. **Advantages**:
 - a) Preference to students with good sports records during admission.
 - b) Opportunity to participate at University, State or National Level
 - c) Enhancement of confidence level and communicative skills among students.
6. **Challenging Issues**:
 - a) Fitness and obesity due to sedentary life style
 - b) Conservative attitude of the parents of girl students
 - c) Lack of Financial support for students due to nominal fee structure

7. Evidence of Success:

- a) College undertakes and conducts sports tournaments assigned by the University.
- b) Hike in overall number of students qualified for State and National Level Competition representing the University team.

Best Practice-2;

1. **Title** : Learning Service motto

2. **Context**: The vision of the institution instills among its students the commitment to serve the society as the focus rather a business in the profession. Students are motivated to develop a sense of empathy, a 'must' character for an advocate.

3. **Objectives of the practice**:

- a) Helps to widen the understanding of work ethics.
- b) It trains in community building.
- c) It strengthens to inculcate the seven lamps of advocacy

4. **The Practice**:

- a) Students under the initiative of student's Advocate Forum participates in legal aid and legal awareness programmes.
- b) Students along with NSS volunteers involve themselves in community service programmes in NSS special camps.
- c) Students involve themselves in the awareness programmes organized for the public like voting rights, consumer rights and right to information.
- d) Students involve themselves in 'Shramadan' programmes for maintaining campus hygiene.

5. **Advantages**:

- a) Strengthens mutual respect among students and supporting staff.
- b) Builds in a sense of responsibility among students in their professional career.
- c) Trains students' in developing leadership skill and team building.

6. Challenging issues:

a) Motivating students to involve themselves in community service voluntarily.

7. Evidence of success:

a) Service oriented activities of students are appreciated by the targeted community.

b) Many students are also actively working for NGO's in serving the society.

c) Students work as para-legal volunteers in creating legal awareness among public both urban and rural.

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PRINCIPAL

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